



Holbeton Primary School

## Anti Bullying Policy

‘Safe, Respectful, Ready to Learn’



## Bullying

Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to “tell” and know that incidents will be dealt with promptly and effectively. We are a TELLING school. This means that anyone who knows that bullying is happening is expected to tell the staff. Therefore, if the bullying target is too afraid to tell a teacher, all the bystanders know that it is their duty to do so, and that they won’t be accused of telling tales. We have systems in place in school to ensure that children can speak to an adult if they need to.

Bullying is recorded using our online safeguarding management system.

### At Holbeton we believe that:

- Bullying is any persistent action which hurts another person either physically or mentally
  - Bullying has intent to hurt
  - Bullying is any intentional action that makes another person feel bullied
- Bullying is wrong and unacceptable.

### Bullying can be:

- Emotional: being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical: pushing, kicking, hitting, punching or any use of violence
- Racist: taunts, graffiti, gestures
- Sexual: unwanted physical contact or sexually abusive comments
- Homophobic: because of, or focusing on the issue of, sexuality
- Verbal: name-calling, sarcasm, spreading rumours, teasing
- Social: excluding, ignoring etc.
- Cyber: All areas of internet, such as email and internet chat room misuse, mobile threats by text messaging and calls, misuse of associated technology (i.e. camera and video facilities)
- Peer on peer abuse.

### Promoting an anti-bullying ethos

All governors, teaching and non-teaching staff have an understanding of what bullying is. They know what the policy is on anti-bullying and follow the agreed procedures immediately. Everyone in the school community works at becoming a TELLING school, i.e. staff will ensure that children will be constantly reminded that:

- we are all wonderful individuals (promoting self-esteem)
- being a bystander is unacceptable
- there are 'grown ups' they can tell other than their class teacher or their parents/carers
- there are different ways of 'telling' (verbal, getting a 'friend' to tell, writing a note for the 'Worry Monster' etc.
- they will not be accused of 'telling tales'.

### We maintain awareness by:

- running an anti-bullying week once a year in line with National Anti-bullying Week
- by discussing bullying (not individual incidents) during Circle Time and PSHE lessons
- by running Assemblies focusing on an aspect of bullying
- by displaying posters (e.g. Child Line number) and issuing any other appropriate literature as it becomes available
- by making references to bullies, victims and ways of dealing with bullying through other subjects areas (notably RE, History, Art and Literacy)
- by responding quickly to any reported incidents
- by praising and rewarding positive behaviour
- by encouraging 'telling' at appropriate times and through appropriate channels.

This policy may link to other policies such as: Relationship and Behaviour Policy 2023-24.