



Personal, Social and Health Education Policy

June 2019

The importance of Personal, Social, Health Education

Holbeton Primary School is a welcoming and caring school, promoting high standards and encouraging every pupil to be a positive participant in society. All staff members strive to provide children with skills for life through our PSHE curriculum. We also strive to ensure that all pupils develop an enthusiasm for and a love of learning. At Holbeton Primary School, PSHE education linked with SMSC and the teaching of British Values, addresses both pupils' direct experience and preparation for their future and ensures learning is revisited, reinforced and extended in age- and stage-appropriate contexts. Our PSHE programme is tailored to meet all pupils' needs regardless of their educational needs, gender, race, disability, ethnicity or faith. It is also tailored to our local circumstances.

Children reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They also find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities.

Aims and purposes

Through a balanced PSHE curriculum, Holbeton Primary School offers opportunities for pupils to:

- feel reassured and secure about the emotional and physical changes in adolescence and their rights concerning their own bodies
- feel positive about themselves
- increase their awareness of healthy lifestyles
- increase their awareness of internet safety.
- take and share responsibility
- participate in discussions towards understanding democratic decision making
- make real choices and decisions
- meet and talk with people
- develop relationships through work and play
- consider social and moral dilemmas that they come across in life
- ask for help, find information and advice
- prepare for change
- explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- learn the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
- develop positive personal attributes such as resilience, self-confidence, self-esteem, and empathy

Objectives

We aim to:

- provide knowledge and understanding about changes that occur in puberty to adulthood, through the PSHE, Science, Outdoor Learning and P.E. curriculum
- develop an awareness of people's actions and responsibilities for their actions (through Behaviour and Anti-bullying strategies)

- encourage children to practise discussion and decision making techniques to resolve problems across the curriculum areas and including when to ask for help
- raise awareness about healthy lifestyles
- provide information about how our bodies work and the effects of dangerous activities and substances with regard to our health and safety (through assemblies, PSHE education, e-safety, Outdoor Learning, P.E. and Science).
- create a safe learning environment
- provide appropriate guidance on the responsible use of ICT
- have a shared understanding of morality, where staff members foster this for our pupils
- provide pastoral support to our pupils through liaison with outside agencies and parents (All staff and school nurse etc.)
- encourage parental involvement, understanding and support with curriculum issues (including through reports, our prospectus, open days and parent evenings)
- provide positive role models
- identify key people in the management and Key Stages to oversee the PSHE education policy and meet professional needs of all staff.

Organisation

Whenever possible, links are made with other curriculum areas to enhance learning and make PSHE education topics relevant to children's lives. PSHE is woven into many aspects of school life on a daily basis (assemblies, curriculum/visitor links). The time allocated to PHSE is determined by the whole school curriculum policy. This is expressed as an amount of time each week. In reality, there will be periods where more or less time is spent on the subject, depending upon the topic being studied.

Differentiation for SEN and Able Children

Throughout their school career children will be at different levels of maturity, will have varied life experiences and a range of attitudes and feelings. Lessons should be planned to allow their perceptions to be articulated, with all contributions being valued and respected. In relation to some sensitive issues, such as sex and relationship education or drug education, the teacher needs to ensure that the teaching point is conveyed in language that is accessible and appropriate to the children. Teachers may need to use different resources, activities or provide specific support depending on the needs of their pupils.

Organisation

Staff use the 'Social and Emotional Aspect of Learning' (SEAL) planning cycle to deliver the PSHE curriculum. Whenever possible, this is taught through other subject areas to make learning less fragmented for children. Learning is also revisited through the year, again through other subjects eg "Changes" within science lessons on the human body. Outdoor Learning is an opportunity for children to also practise those skills they learn about through the year.

The SEAL cycle of themes are:

Term	SEAL Theme	Value
Autumn 1	New beginnings	Responsibility
Autumn 2	Getting on and falling out	Confidence
Spring 1	Going for goals	Pride
Spring 2	Good to be me	Positivity
Summer 1	Relationships	Equality Respect
Summer 2	Changes	Trust

The Antibullying theme is delivered through an Antibullying week, usually run in January

Resources

We have a large selection of non-fiction books available in the library that are specifically written to cover PSHE topics from Reception up to Year Six.

At Holbeton Primary School we are proud of the range of visitors and trips we provide for the children to enhance their understanding of PSHE. Please see below to find a list of just some of the visitors/experiences we have welcomed through our door to support our children in PSHE :

- The Police
- The NSPCC
- Regular school nurse visits
- Water safety training
- Road safety training
- CSE Workshop
- Local fire station
- RNLI
- Guide dogs for the Blind
- Bikeability (cycle safety)

Links with other subjects

Staff are supported to ensure they have a broad and balanced PSHE link across all subjects.

Extra- curricular provision and community involvement

Children are given opportunities to participate in a variety of extra-curricular activities e.g. fund raising, supporting local community charities, initiatives to raise awareness of issues such as health, participation in sports and in team building activities and school clubs and to take increasing responsibility as class monitors. Children are encouraged to share their personal achievements both in class and in school assemblies.